

## HypnoBirthing® Classes 2008 / 2009

Class 1	Class 2	Class 3	Class 4
Sat 1st November 2-4pm	Sat 15th November 2-4pm	Sat 6th December 2-4pm	Sat 20th December 2-4pm
Sat 6 <sup>th</sup> December 11am – 1pm	Sat 20th December 11am – 1pm	Sat 10th January 11am-1pm	Sat 24th January 11am-1pm
Sat 10th January 2-4pm	Sat 24th January 2-4pm	Sat 14th February 2-4pm	Sat 28th February 2-4pm
Sat 14th February 11am – 1pm	Sat 28th February 11am – 1pm	Sat 21st March 11am-1pm	Sat 4th April 11am-1pm
Sat 21 <sup>st</sup> March 2-4pm	Sat 4th April 2-4pm	Sat 25th April 2-4pm	Sat 9th May 2-4pm
Sat 25th April 11am – 1pm	Sat 9th May 11am – 1pm	Sat 23rd May 11am-1pm	Sat 20th June 11am-1pm
Sat 23rd May 2-4pm	Sat 20th June 2-4pm	Sat 4 <sup>th</sup> July 2-4pm	Sat 25 <sup>th</sup> July 2-4pm
Sat 4th July 11am – 1pm	Sat 25th July 11am – 1pm	Sat 15th August 11am-1pm	Sat 29th August 11am-1pm
Sat 15 <sup>th</sup> August 2-4pm	Sat 29th August 2-4pm	Sat 26 <sup>th</sup> Sept 2-4pm	Sat 10 <sup>th</sup> October 2-4pm
Sat 26th September 11am – 1pm	Sat 10th October 11am – 1pm	Sat 31st October 11am-1pm	Sat 14th November 11am-1pm
Sat 31st October 2-4pm	Sat 14th November 2-4pm	Sat 5 <sup>th</sup> December 2-4pm	Sat 19 <sup>th</sup> December 2-4pm
Sat 5th December 11am – 1pm	Sat 19th December 11am – 1pm	Sat TBC 11am-1pm	Sat TBC 11am-1pm

Venue: Stillorgan Park Hotel, Co. Dublin <http://www.stillorganpark.com/html/map.html>

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